IntuiType Assessment (Circle all statements that apply to you:)

- 1. Do you feel overly tired, agitated or anxious when you are around large crowds of people for any length of time?
- 2. Do you make major decisions from a sense of inner knowingness that it is the best for you?
- 3. Do you get random visual images in your head when someone is telling a story?
- 4. Do you sometimes seem to hear people's thoughts?
- 1. Do you sense the pain of another even when they say nothing?
- 2. Do you just know when you can or cannot trust someone?
- 3. Do friends or family members' faces pop into your mind for no particular reason?
- 4. Do you find yourself sharing words of affirmation or advice and then realize that you don't know exactly where it came from?
- 1. Do you ever get unexpected sensations in your body around someone or in a particular location?
- 2. Do you sometimes know who is going to win the game or a contest?
- 3. Do you see symbols and visual signs frequently in your daily life?
- 4. Do you often finish people's sentences?
- 1. Do you sometimes have strong emotions for no particular reason after meeting with someone?
- 2. Did you ever meet someone and just know that you will be connecting again in the future in some way?
- 3. Do you see pictures of events or have dreams that eventually come to pass?
- 4.Do you ever hear words of comfort, guidance or warning in your mind or sometimes audibly?
- 1. Do you have a deep love and conection to pets and animals?
- 2. Do you often know where to find a lost object?
- 3. Do you see movies in your mind?
- 4. Do you write or journal and feel more connected when you do?

Add up the total amount of each number that you circled

1. 2. 3. 4. 5.

Which number did you have the most? That is your main IntuiType at this time. That is the way that information comes to you most easily and the way that you are most aware of receiving Intuitive information.

#1 Empath/Clairsentient

You receive intuitive information through physical and emotional sensations

#2 Claircognizant

You receive intuitive information through an inner knowingness or gut reaction

#3 Clairvoyant

You receive intuitive information through visual (mind's eye) pictures, symbols, colors and scenes.

#4 Clairaudient

You receive intuitive information through words that pop into your head, are downloaded and sometimes heard audibly even if only to yourself.

© Maggie Salter LLC <u>www.maggiesalter.com</u> maggie@maggiesalter.com